

February 2015

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 11:45-12:45 Stretching & Balance w/Jenny 1:00-2:00 Beginning Tango 2:00-3:00 Intermediate Tango w/ Brett and Jenny Dancers Unlimited Heel's Workshop 4:00-6:00 pm (\$20 per class)	2 PRIVATE LESSONS AVAILABLE	3 Follower's Technique w/Brett, 6:30-7:30 pm \$2 Tango Tuesdays PRACTICA 7:30-8:00 Intro Class 8:00-9:30 pm Practice	4 Lutian Longevity Yoga w/Indy, 5:00-7:00 pm See instructor for price	5 RSVP Rollout – SMR w/Brett, 6:30-7:30 Performance Tango w/Jenny & Brett, 7:30-9:00	6 PRIVATE LESSONS AVAILABLE	7 PRIVATE LESSONS AVAILABLE
8 11:45-12:45 Stretching & Balance w/Jenny 1:00-2:00 Beginning Tango 2:00-3:00 Intermediate Tango w/ Brett and Jenny Dancers Unlimited Heel's Workshop 4:00-6:00 pm (\$20 per class)	9 Blues Fusion 7:30 – 11:30pm w/Chay \$5 donation	10 Follower's Technique w/Brett, 6:30-7:30 pm \$2 Tango Tuesdays PRACTICA 7:30-8:00 Intro Class 8:00-9:30 pm Practice	11 Lutian Longevity Yoga w/Indy, 5:00-7:00 pm See instructor for price	Brett and Jenny Out of Town		
15 NO STRETCHING NO TANGO Dancers Unlimited Heels Workshop 4:00-6:00 pm (\$20 per class)	16	17 No Followers \$2 Tango Tuesdays PRACTICA NO CLASS 7:30-9:30 pm Practice w/Michael	18 Lutian Longevity Yoga w/Indy, 5:00-7:00 pm See instructor for price	19	20 Andrew Sutton "Variety Show" Sampler Class 8-9 pm	21 Andrew Sutton Partnership & Fusion 11:00-11:30 pm Videos & Regist. 11:30-6:00 pm Classes, lunch break 8:00-11 pm Social Dance
Brett and Jenny Out of Town - On the Mainland						
22 NO STRETCHING NO TANGO Andrew Sutton Partnership & Fusion 12:00-5:30 pm Classes 8:00-11 pm Social Dance B&J Out of Town	23 Blues Fusion 7:30 – 11:0pm w/Chay \$5 donation	24 Follower's Technique w/Jenny, 6:30-7:30 pm \$2 Tango Tuesdays PRACTICA 7:30-8:00 Intro Class 8:00-9:30 pm Practice	25 Lutian Longevity Yoga w/Indy, 5:00-7:00 pm See instructor for price	26 RSVP Rollout – SMR w/Brett, 6:30-7:30 Performance Tango w/Jenny & Brett, 7:30-9:00	27 PRIVATE LESSONS AVAILABLE	28 PRIVATE LESSONS AVAILABLE WINE & TANGO 6:30-8:00 \$15 per person 21 and over only PARADISE MILONGA 8:00-10:00 pm, \$10
Special Events: Beginner's Heels Workshop – Sunday 1 st , 8 th , 15 th , from 4-5 Register at www.DUHawaii.com/classes Space is limited. Andrew Sutton "Dance Ninja" Workshops – Fri, Sat, Sun Feb 20 th , 21 st and 22 nd ! Call Gail at 808-954-2533 or email gail_vincent@hotmail.com				Wine & Tango – Paradise Milonga Saturday Feb. 28, 2015! RESERVE YOUR SPOT: 831-239-6529		

February 2015



150 N. King Street, Honolulu, HI 96817 * (831) 239-6529
On-Going Paradise Tango Classes by Day

Sunday

11:45 am - 12:45 pm Stretching and Balance with Jenny. This is a new class taught by Jenny Griswold that is designed to help increase your flexibility and ability to balance for partner dancing. It is a combination of yoga, Pilates, ballet, and fitness conditioning.. You also do NOT need to be a dancer to benefit from this class. Class is \$10 regular, \$8 students with I.D. [GYLS](#)

1:00 pm - 2:00 pm Drop-in Beginning Tango with Brett and Jenny. We'll be starting from the absolute BEGINNING! If you've never danced before this is the class for you!! Wear comfortable clothes and shoes that are slippery that will stay on your feet. Class is \$10 regular, \$8 students with I.D. [GYLS](#)

2:00 pm - 3:00 pm Drop-in Intermediate Tango with Brett and Jenny. This class is meant for dancers who have some experience with tango movement and are comfortable leading or following in a social setting. In this class we cover intermediate figures and focus on travelling the floor while connecting different movements. Class is \$10 regular, \$8 students with I.D. [GYLS](#)

SPECIAL for Sunday classes only: One class for \$10, Two classes for \$15, or stay for all 3 for \$20. For Students the special is one class for \$8, Two classes for \$12, or stay for all 3 for \$15

For Feb Only (1, 8, and 15):

4:00 pm - 6:00 pm Beginner Heel's Workshop with Linda Kuo of Dancers' Unlimited Sexy fun and flirty. \$20 for one class or \$50 for all three. Great set of classes to get you started walking sexy!

Monday

7:30 pm - 11:30 pm Blues Fusion with Chay. Every other Monday (Feb 9th and 23rd). See Instructor for details. \$5 drop in donation.

Tuesday

6:30 pm - 7:30 pm Followers Technique Class with Jenny. This class is for both ladies and gentlemen who want to work on their followers' technique and embellishments. In this class Jenny stresses posture, foot placement, walking techniques, and embellishments and adornos. The adornos and embellishments include those movements that aid flair to the followers dance outside of the lead-follow dialogue which can be added to walking steps, ochos, planeos, volcadas, voleos, and more. \$10 regular, \$8 student. [GYLS](#)

7:30 pm - 9:30 pm \$2 Tango Tuesday Practica. Come to practice your Tango with a great group of fun and laid back dancers. Bring your own iPod to share some of our favorite music. Only \$2!

Classes by Day

Wednesday

5:00 pm - 7:00 pm Lutian Longevity Yoga with Indy. See instructor for details.

Thursday

6:30 pm - 7:30 pm Rollout - SMR with Brett. Rollout is a form of Self-Myofascial Release using foam rollers to work out knots in various muscles in your body. This class is great for anyone who has tightness in their muscles and tendons and is perfect for dancers, athletes, golfers, surfers and other folks who have repetitive motion hobbies. This is a therapeutic class that helps heels the body and increase flexibility. \$10 regular, \$8 student. [GYLS](#)

7:30 pm - 9:00 pm Performance Tango with Brett & Jenny. Join Brett and Jenny and learn Show Tango moves and a performance piece. Brett and Jenny are looking for athletic dancers show want to challenge themselves and reach new levels with their dancing. Ballet, Jazz, Ballroom and other dancers are encouraged to audition. Tango experiences is ideal it is not necessary. \$100 Monthly. Not valid for Groupon, Yelp or Living Social. **RSVP and AUDITION ONLY!**

Friday

6:30 pm - 10:00 pm Private Lessons by Appointment Only [GY](#)

Saturday

8:00 am - 10:00 pm Private Lessons by Appointment Only [GY](#)

6:30 pm - 8:00 pm WINE & TANGO: Special Event! Normally every 3rd Saturday, check calendar for changes. Come wine tasting before a 45 min long Tango lesson! Must be 21 yrs or older, \$15 per person [LS](#)

8:00 pm - 10:00 pm Paradise Milonga: Normally every 3rd Saturday. Check calendar for changes. Continuing the fun from Wine & Tango, stay until 10 pm for Paradise Milonga! If you attend Wine & Tango it's free, Just the Milonga is \$10.

Girls' Night Out Party with Jenny. By request Special Event Party! Schedule your own private next girls' night out or Bachelorette Party! Get those stilettos on and learn how to dance sexy in your heels or give your special someone a lap dance. This fun fast paced class/party combines your sexy shoes, hip-hop, bellydance, cabaret, burlesque, strip-tease, and floor work to unleash your sexy side while getting fit. Sexy workout clothes and heels are suggested. Call for Private Event Rates. Private events include Champagne and Treats. **NOTE: Minimum 5 Students for Event to Happen. Call 831-239-6529 to Schedule your Event NOW!**

G = Groupon, Y = Yelp, LS = Living Social, GY LS = Groupon, Yelp, Living Social Deal Eligible

❖ Brett & Jenny Griswold ❖ Paradise Tango Argentino ❖ www.paradisetango.com ❖ info@paradisetango.com ❖ 831-239-6529 ❖