

# January 2016

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>31 TANGO</b> 10:00-11:30 Paradise Power Yoga 12:00-1:00 Beginning Tango 1:00-2:00 Intermediate Tango 2:00-3:00 Advanced Tango 3:00-4:00 Stretching and Balance	<b>January Specials:</b> <b>50% off Monthly Membership!</b> \$50 for unlimited classes (*advanced class by instructor approval only) <b>New Year's Clothing Sale</b> Take 25% off all Tango Apparel!		<b>Wine &amp; Tango – Paradise Milonga</b> <b>Saturday, January 16, 2016!</b> Online Tickets Available on Eventbrite. Google "Eventbrite Wine and Tango January 2016" Call for more Info: 831-239-6529		<b>1</b> Paradise Power Yoga 6:15-7:15	<b>2</b> <b>PRIVATE LESSONS AVAILABLE</b> 11 am - 7 pm
<b>3 TANGO</b> 10:00-11:15 Paradise Power Yoga 12:00-1:00 Beginning Tango 1:00-2:00 Intermediate Tango 2:00-3:00 Advanced Tango 3:00-4:00 Stretching and Balance	<b>4</b> <b>PRIVATE LESSONS AVAILABLE</b> 6:30 – 9:30 pm	<b>5</b> No Privates or Classes  Social Dance at Medici's	<b>6</b> Paradise Power Yoga 6:30-7:45	<b>7 TANGO</b> 6:30-7:30 ROLLOUT \$2 Tango Thursday PRACTICA 7:30-8:00 Intro Class 8:00-9:00 pm Practica	<b>8</b> Paradise Power Yoga 6:15-7:45	<b>9</b> <b>PRIVATE LESSONS AVAILABLE</b> 11 am - 7 pm
<b>10 TANGO</b> 10:00-11:15 Paradise Power Yoga 12:00-1:00 Beginning Tango 1:00-2:00 Intermediate Tango 2:00-3:00 Advanced Tango 3:00-4:00 Stretching and Balance	<b>11</b> <b>PRIVATE LESSONS AVAILABLE</b> 6:30 – 9:30 pm	<b>12</b> No Privates or Classes  Social Dance at Medici's	<b>13</b> Paradise Power Yoga 6:30-7:45	<b>14 TANGO</b> 6:30-7:30 ROLLOUT \$2 Tango Thursday PRACTICA 7:30-8:00 Intro Class 8:00-9:00 pm Practica	<b>15</b> Paradise Power Yoga 6:15-7:45	<b>16 TANGO</b> <b>Private Lessons 11-5pm</b> <b>WINE &amp; TANGO</b> Social, Lesson and Milonga 6:30-10:00 \$15 per person in advance \$20 at the door <b>PARADISE MILONGA</b> \$10 at the door after 8 pm.
<b>17 TANGO</b> 10:00-11:15 Paradise Power Yoga 12:00-1:00 Beginning Tango 1:00-2:00 Intermediate Tango 2:00-3:00 Advanced Tango 3:00-4:00 Stretching and Balance	<b>18</b> <b>PRIVATE LESSONS AVAILABLE</b> 6:30 – 9:30 pm	<b>19</b> No Privates or Classes  Social Dance at Medici's	<b>20</b> Paradise Power Yoga 6:30-7:45	<b>21 TANGO</b> 6:30-7:30 ROLLOUT \$2 Tango Thursday PRACTICA 7:30-8:00 Intro Class 8:00-9:00 pm Practica	<b>22</b> Paradise Power Yoga 6:30-7:45	<b>23</b> <b>PRIVATE LESSONS AVAILABLE</b> 11 am - 7 pm
<b>24 TANGO</b> 10:00-11:15 Paradise Power Yoga 12:00-1:00 Beginning Tango 1:00-2:00 Intermediate Tango 2:00-3:00 Advanced Tango 3:00-4:00 Stretching and Balance	<b>25</b> <b>PRIVATE LESSONS AVAILABLE</b> 6:30 – 9:30 pm	<b>26</b> No Privates or Classes  Social Dance at Medici's	<b>27</b> Paradise Power Yoga 6:30-7:45	<b>28 TANGO</b> 6:30-7:30 ROLLOUT \$2 Tango Thursday PRACTICA 7:30-8:00 Intro Class 8:00-9:00 pm Practica	<b>29</b> Paradise Power Yoga 6:30-7:45	<b>30</b> <b>PRIVATE LESSONS AVAILABLE</b> 11 am - 3 pm <b>Follower's Bootcamp</b> 3 pm - 6 pm with Jenny Sign up in Advance.

# January 2016



150 N. King Street, Honolulu, HI 96817 \* (831) 239-6529  
On-Going Paradise Tango Classes by Day

## Sunday

**10:00 pm - 11:15 pm Drop-in Drop-In Paradise Power Yoga with Stewart et al.** Join this exciting yoga class to get stretched out and relaxed for the day or before tango. Team-taught classes with Stewart and other instructors guarantee you get the best help and corrections. Class is \$10. Not part of Monthly Membership.

**12:00 pm - 1:00 pm Drop-in Beginning Tango with Brett and Jenny.** We'll be starting from the absolute BEGINNING! If you've never danced before this is the class for you!! Wear comfortable clothes and shoes that are slippery that will stay on your feet. Class is \$10 regular, \$8 students with I.D. [GYLS](#)

**1:00 pm - 2:00 pm Drop-in Intermediate with Brett and Jenny.** This beginning class focuses on the basic movements and figures of Argentine Tango!! We move fast but you'll have a fun time trying the many different types of tango moves! Wear comfortable clothes and shoes that are slippery that will stay on your feet. Class is \$10 regular, \$8 students with I.D. [GYLS](#)

**2:00 pm - 3:00 pm Drop-in Advanced Tango with Brett and Jenny.** This class is meant for dancers who are comfortable leading or following in a social setting and have a solid understanding of the material covered in both the Beginning and Intermediate Classes. In this class we cover advanced off-axis figures and focus on travelling the floor while connecting different movements. Class is \$10 regular, \$8 students with I.D. [GYLS](#)

**3:00 pm - 4:00 pm Stretching and Balance with Jenny.** Join Jenny for an hour of stretching based on yoga, Pilates, ballet and physical therapy techniques to improve flexibility, strength, and balance. This is a great class to take to recover after dancing for a few hours. Take of those dance shoes and relax and stretch your back, shoulders, legs and feet.

**SPECIAL for Sunday classes only: One class for \$10, Two classes for \$15, 3 for \$20, Stay for all four for only \$25!. (For Students the special is one class for \$8, Two classes for \$12, or 3 for \$15 or 4 for \$20)**

## Monday

**6:30 pm – 9: 30 pm Private Lessons by Appointment Only** [GY](#)

## Tuesday

No Privates of Classes – Open so Brett and Jenny can Social Dance with the community at Medicis.

## Classes by Day

### Wednesday

**6:30 pm - 7:45 pm Drop-in Drop-In Paradise Power Yoga with Stewart et al.** End your day with a relaxing yoga class! Team-taught classes with Stewart and other instructors guarantee you get the best help and corrections. Class is \$10. Not part of Monthly Membership.

### Thursday

**6:30 pm - 7:30 Rollout for Dancers.** We all get knots and tire our muscles working hard on our tango. Time to heal our bodies! \$10 per class, \$8 student! Taught by Brett! [GYLS](#)

**7:30 pm - 9:00 pm \$2 Tango Tuesday Practica.** Come to practice your Tango with a great group of fun and laid back dancers. Bring your own iPod to share some of our favorite music. Only \$2! Not valid for Groupon or Living Social. New Time... only until 9 pm! [Y](#)

### Friday

**6:30 pm - 7:45 pm Drop-in Drop-In Paradise Power Yoga with Stewart et al.** End your day with a relaxing yoga class! Team-taught classes with Stewart and other instructors guarantee you get the best help and corrections. Class is \$10. Not part of Monthly Membership.

### Saturday

**11:00 am – 7: 00 pm Private Lessons by Appointment Only** Check for schedule changes. [GY](#)

**6:30 pm – 10:00 pm WINE & TANGO:** Special Event! Normally every 3rd Saturday, check calendar for changes. Come wine tasting before a 45 min long Tango lesson with 2 hours of social dancing afterwards! Must be 21 yrs or older. Full Event is \$15 in advance, \$20 at the door. Purchase tickets in advance online on Eventbrite. Google "Eventbrite Wine and Tango January 2016" to find our event. Come for just the Milonga after 8:00 pm tickets at the door for \$10.

### MONTHLY SPECIAL

**January 2016 Special.** 50% off Monthly Membership!! Only \$50 – Includes All Tango Classes, Stretching and Balance, Rollout, and Practica. Save \$48-\$123 over regular class prices or \$30-\$90 over student prices depending on how many Sunday Drop-In Tango Classes and/or Stretch Class you take!

**NOTE: \*Advanced class by instructor approval only. Wine and Tango NOT included. Paradise Power Yoga NOT included.**

**January 2016 Clothing Special.** 25% off Tango Apparel! To celebrate a New Year we want you in New Tango Clothes! Get your sexy on with sexy shirts, Babuchas (Tango Pants), skirts and dresses!

### SPECIAL EVENTS

**Follower's Technique Bootcamp with Jenny.** Join Jenny for this "New Year's Resolution" Bootcamp for only \$20!!!! This 3-hour intensive will cover follower's technique for walking, embellishments, and adornos. Jenny will also cover posture improving techniques, elegant and graceful movement, and core strength and flexibility! This class is NOT to be missed if you are a beginning or intermediate dancer!! Start the New Year with your best embellished feet forward! Limited Spaces Available so be sure to sign up and pre-pay in advance to reserve your space.

G = Groupon, Y = Yelp, LS = Living Social, GYLS = Groupon, Yelp, Living Social Deal Eligible

❖ Brett & Jenny Griswold ❖ Paradise Tango Argentino ❖ [www.paradisetango.com](http://www.paradisetango.com) ❖ [info@paradisetango.com](mailto:info@paradisetango.com) ❖ 831-239-6529 ❖