

March 2014

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 PRIVATE LESSONS Available 6-10 pm
2 11:45-12:45 Stretching and Balance w/Jenny \$10 regular, \$8 students 1:00-2:00 Beginning Tango 2:00-3:00 Intermediate Tango 3:00-3:30 Practica w/ Brett and Jenny \$10 for one, \$15 for both \$8, \$12 for Students	3 Suffuse Fusion Dancing w/Zac 8 pm - 12 am \$4-\$10 sliding donation	4 \$2 Tango Tuesdays PRACTICA 6:30-9:00 pm	5 Follower's Technique w/Jenny, 6:30-7:30 pm \$10 regular, \$8 students Zumba Party w/Janos 7:30-8:30 pm, \$6	6 PRIVATE LESSONS Available 7-10 pm	7 UH Manoa Outreach Beginners Series Class Week 7 of 10 Register online \$105 Regular \$95 UH Affiliates	8 PRIVATE LESSONS Available 6-10 pm
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16 1:00-2:00 Beginning Tango 2:00-3:00 Intermediate Tango 3:00-3:30 Practica w/ Zac \$10 for one, \$15 for both \$8, \$12 for Students	17 Suffuse Fusion Dancing w/Zac 8 pm - 12 am \$4-\$10 sliding donation	18 \$2 Tango Tuesdays PRACTICA 6:30-9:00 pm	19 Follower's Technique w/Jenny, 6:30-7:30 pm \$10 regular, \$8 students Zumba Party w/Janos 7:30-8:30 pm, \$6	20 PRIVATE LESSONS Available 7-10 pm	21	22 PRIVATE LESSONS Available 6-10 pm
23/30 11:45-12:45 Stretching and Balance w/Jenny \$10 regular, \$8 students 1:00-2:00 Beginning Tango 2:00-3:00 Intermediate Tango 3:00-3:30 Practica w/ Brett and Jenny \$10 for one, \$15 for both \$8, \$12 for Students	24/31 Suffuse Fusion Dancing w/Zac 8 pm - 12 am \$4-\$10 sliding donation	25 \$2 Tango Tuesdays PRACTICA 6:30-9:00 pm	26 Follower's Technique w/Jenny, 6:30-7:30 pm \$10 regular, \$8 students Zumba Party w/Janos 7:30-8:30 pm, \$6	27 PRIVATE LESSONS Available 7-10 pm	28	29 PRIVATE LESSONS Available 6-10 pm

March 2014

**** All classes are at our NEW Studio ****

**** Location unless otherwise noted ****



150 N. King Street, Suite #202,
Honolulu, HI 96817
(831) 239-6529



UNIVERSITY
of HAWAII®
MĀNOA

Passion in Paradise

UH Outreach College Non-Credit Course
Hemenway Hall 201

Parking in Main Parking Structure off Dole St.
2500 Campus Rd, Honolulu, HI 96822

Classes by Day

Sunday

11:45 am - 12:45 pm Stretching and Balance with Jenny. This is a new class taught by Jenny Griswold that is designed to help increase your flexibility and ability to balance for partner dancing. It is a combination of yoga, Pilates, ballet, and fitness conditioning.. You also do NOT need to be a dancer to benefit from this class. Class is \$10 regular, \$8 students with I.D.

1:00 pm - 2:00 pm Drop-in Beginning Tango with Brett and Jenny. We'll be starting from the absolute BEGINNING! If you've never danced before this is the class for you!! Wear comfortable clothes and shoes that are slippery that will stay on your feet. Class is \$10 regular, \$8 students with I.D.

2:00 pm - 3:00 pm Drop-in Intermediate Tango with Brett and Jenny. This class is meant for dancers who have some experience with tango movement and are comfortable leading or following in a social setting. In this class we cover intermediate figures and focus on travelling the floor while connecting different movements. Class is \$10 regular, \$8 students with I.D.

SPECIAL for Sunday classes only: One class for \$10, Two classes for \$15, or stay for all three for \$20. For Students the special is One class for \$8, Two classes for \$12, or stay for all three for \$15

3:00 pm - 3:30 pm Mini-Practica. A half hour of practice time after the beginning and intermediate classes. If you just want to drop in to dance you can join us for a \$2 donation.

Monday

8:00 pm - 12:00 am Suffuse Fusion Dance with Zac. We are founded on jazz based dances like Blues and Swing while reaching out to Latin, Modern, Lyrical, Hip-Hop, Tango, Ballroom, and Ballet. Drop-in fusion labs are 8-9pm (no partner or experience needed) Dancing till 12 with Hourly DJs Sliding Scale Donation: Lab + Dance: \$9-15, Dance Only: \$4-10

Tuesday

6:30 pm - 9:00 pm \$2 Tango Tuesday Practica. Come to practice your Tango with a great group of fun and laid back dancers. Bring your own iPod to share some of our favorite music.

Wednesday

6:30 pm - 7:30 pm Followers Technique Class with Jenny. This class is for both ladies and gentlemen who want to work on their followers technique and embellishments. In this class Jenny stresses posture, foot placement, walking techniques, and embellishments and adornos. The adornos and embellishments include those movements that aid flair to the followers dance outside of the lead-follow dialogue which can be added to walking steps, ochos, planeos, volcadas, voleos, and more.

Thursday

6:30 pm - 10:30 pm Privates Lessons by Appointment. Schedule a Private Lesson today with Brett and Jenny!

Friday

6:00 pm - 7:30 pm UH Manoa Outreach College Beginning Series Class. This class takes place at UH Manoa in Hemenway Hall Room 201. You need to register for this class ONLINE ahead of time. This is a 10-week series from January 24-April 11, with no classes during Spring Break on March 21st and 28th. \$105 general public, \$95 UH Affiliates

Saturday

Private Lessons by Appointment only.