



November 2014

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30 11:45-12:45 Stretching & Balance w/Jenny 1:00-2:00 Beginning Tango 2:00-3:00 Intermediate Tango w/ Brett and Jenny	WINE AND TANGO Saturday Nov. 15, 2014! RESERVE YOUR SPOT: 831-239-6529		PERFORMANCES "Dances of Love Festival" Sat Nov 8th, Time TBA "For the Love of Tango" Movie Showing at the Doris Duke Theater: Tues Nov 25th 7:30 pm & Wed Nov 26th 1:00		*RSVP* Call: 831-239-6529 RSVP Classes are not Drop-In. Classes are not held unless students have reserved a spot 24 HOURS in ADVANCE	1 <i>PRIVATE LESSONS AVAILABLE</i>
2 11:45-12:45 Stretching & Balance w/Jenny 1:00-2:00 Beginning Tango 2:00-3:00 Intermediate Tango w/ Brett and Jenny	3 <i>PRIVATE LESSONS AVAILABLE</i>	4 Follower's Technique w/Jenny, 6:30-7:30 pm \$2 Tango Tuesdays PRACTICA 7:30-8:00 Intro Class 8:00-9:30 pm Practice	5 RSVP Adult Ballet w/Jenny, 6:30-7:30 \$10 regular, \$8 student Girls Night Out w/Jenny, 7:30-8:30 \$10 regular, \$8 student	6 RSVP Rollout – SMR w/Brett, 6:30-7:30 \$10 regular, \$8 student Performance Tango w/Jenny & Brett, 7:30-9:00	7 Passion in Paradise UH Outreach Class with Brett and Jenny 6:00-7:00 pm Series Class (Week 9/10) Register in Advance	8 Brett & Jenny Teaching at Dances of Love Festival 12:00-12:55pm Performing Time TBA. <i>PRIVATE LESSONS AVAILABLE</i>
9 11:45-12:45 Stretching & Balance w/Jenny 1:00-2:00 Beginning Tango 2:00-3:00 Intermediate Tango w/ Brett and Jenny	10 <i>PRIVATE LESSONS AVAILABLE</i>	11 Follower's Technique w/Jenny, 6:30-7:30 pm \$2 Tango Tuesdays PRACTICA 7:30-8:00 Intro Class 8:00-9:30 pm Practice	12 RSVP Adult Ballet w/Jenny, 6:30-7:30 \$10 regular, \$8 student Girls Night Out w/Jenny, 7:30-8:30 \$10 regular, \$8 student	13 RSVP Rollout – SMR w/Brett, 6:30-7:30 \$10 regular, \$8 student Performance Tango w/Jenny & Brett, 7:30-9:00	14 Passion in Paradise UH Outreach Class with Brett and Jenny 6:00-7:00 pm Series Class (Week 10/10) Register in Advance	15 WINE & TANGO w/Brett and Jenny 6:30-8:00 \$15 per person 21 and over only
16 11:45-12:45 Stretching & Balance w/Jenny 1:00-2:00 Beginning Tango 2:00-3:00 Intermediate Tango w/ Brett and Jenny	17 <i>PRIVATE LESSONS AVAILABLE</i>	18 Follower's Technique w/Jenny, 6:30-7:30 pm \$2 Tango Tuesdays PRACTICA 7:30-8:00 Intro Class 8:00-9:30 pm Practice	19 RSVP Adult Ballet w/Jenny, 6:30-7:30 \$10 regular, \$8 student Girls Night Out w/Jenny, 7:30-8:30 \$10 regular, \$8 student	20 RSVP Rollout – SMR w/Brett, 6:30-7:30 \$10 regular, \$8 student Performance Tango w/Jenny & Brett, 7:30-9:00	21 <i>PRIVATE LESSONS AVAILABLE</i>	22 <i>PRIVATE LESSONS AVAILABLE</i>
23 11:45-12:45 Stretching & Balance w/Jenny 1:00-2:00 Beginning Tango 2:00-3:00 Intermediate Tango w/ Brett and Jenny	24 <i>PRIVATE LESSONS AVAILABLE</i>	25 Brett & Jenny Perform at Doris Duke Theater "For the Love of Tango" Event 7:30pm NO FOLLOWER'S CLASS \$2 Tango Tuesdays PRACTICA 7:30-9:30 pm Practice	26 RSVP Doris Duke Theater "For the Love of Tango" Event 1:00pm Adult Ballet w/Jenny, 6:30-7:30 \$10 regular, \$8 student Girls Night Out w/Jenny, 7:30-8:30 \$10 regular, \$8 student	27 THANKSGIVING  NO CLASSES	28 BLACK FRIDAY  <i>PRIVATE LESSONS AVAILABLE</i>	29 <i>PRIVATE LESSONS AVAILABLE</i>

**** All classes are at our NEW Studio ****
**** Location unless otherwise noted ****



150 N. King Street, Suite #202,
Honolulu, HI 96817
(831) 239-6529



UNIVERSITY
of HAWAII[®]
MĀNOA

Passion in Paradise
UH Outreach College Non-Credit Course
Hemenway Hall 201
Parking in Main Parking Structure off Dole St.
2500 Campus Rd, Honolulu, HI 96822

Classes by Day (Changed or NEW Classes in RED)

Sunday

11:45 am - 12:45 pm Stretching and Balance with Jenny. This is a new class taught by Jenny Griswold that is designed to help increase your flexibility and ability to balance for partner dancing. It is a combination of yoga, Pilates, ballet, and fitness conditioning. You also do NOT need to be a dancer to benefit from this class. Class is \$10 regular, \$8 students with I.D. **GYLS**

1:00 pm - 2:00 pm Drop-in Beginning Tango with Brett and Jenny. We'll be starting from the absolute BEGINNING! If you've never danced before this is the class for you!! Wear comfortable clothes and shoes that are slippery that will stay on your feet. Class is \$10 regular, \$8 students with I.D. **GYLS**

2:00 pm - 3:00 pm Drop-in Intermediate Tango with Brett and Jenny. This class is meant for dancers who have some experience with tango movement and are comfortable leading or following in a social setting. In this class we cover intermediate figures and focus on travelling the floor while connecting different movements. Class is \$10 regular, \$8 students with I.D. **GYLS**

SPECIAL for Sunday classes only: One class for \$10, Two classes for \$15, or stay for all three for \$20. For Students the special is one class for \$8, Two classes for \$12, or stay for all three for \$15

November 2014

Classes by Day

Monday

6:30 pm - 10: 00pm Private Lessons by Appointment Only **GY**

Tuesday

6:30 pm - 7:30 pm Followers Technique Class with Jenny. This class is for both ladies and gentlemen who want to work on their followers technique and embellishments. In this class Jenny stresses posture, foot placement, walking techniques, and embellishments and adornos. The adornos and embellishments include those movements that aid flair to the followers dance outside of the lead-follow dialogue which can be added to walking steps, ochos, planeos, volcadas, voleos, and more. \$10 regular, \$8 student. **GYLS**

7:30 pm - 9:30 pm \$2 Tango Tuesday Practica. Come to practice your Tango with a great group of fun and laid back dancers. Bring your own iPod to share some of our favorite music.

Wednesday

6:30 pm - 7:30 pm Adult Ballet with Jenny. This class is meant for student who are interested in the benefit of strength, balance and flexibility that comes from the controlled and disciplined practice of Ballet. It is geared toward adults that have never danced ballet or have danced when they were younger. Wear close fitting clothes so Jenny can see your form (body and legs). Socks, ballet slippers or jazz shoes suggested. \$10 regular, \$8 student. **RSVP Required 831-239-6529.** **GYLS**

7:30 pm - 8:30 pm Girls Night Out with Jenny. Get those stilettos on and learn how to dance in your heel or give your special someone a lap dance. This fun fast paced cardio class combines your sexy shoes, hip-hop, bellydance, cabaret, burlesque strip-tease and floor work to unleash your sexy side while getting fit. Workout clothes and heels are suggested. \$10 regular, \$8 student. **RSVP Required 831-239-6529.** **GYLS**

Thursday

6:30 pm - 7:30 pm Rollout - SMR with Brett. Rollout is a form of Self-Myofascial Release using foam rollers to work out knots in various muscles in your body. This class is great for anyone who has tightness in their muscles and tendons and is perfect for dancers, athletes, golfers, surfers and other folks who have repetitive motion hobbies. This is a therapeutic class that helps heels the body and increase flexibility. \$10 regular, \$8 student. **GYLS**

7:30 pm - 9:00 pm Performance Tango with Brett & Jenny. Join Brett and Jenny and learn Show Tango moves and a performance piece. Brett and Jenny are looking for athletic dancers show want to challenge themselves and reach new levels with their dancing. Ballet, Jazz, Ballroom and other dancers are encouraged to audition. Tango experiences is ideal it is not necessary. \$100 Monthly. Not valid for Groupon, Yelp or Living Social. **RSVP and AUDITION ONLY!**

Friday

6:00-7:00 pm Passion in Paradise UH Manoa Outreach College Beginning Series Class: 10 weeks, Sept 12th - Nov 14th. AT UH MANOA Dance Studio 3. Register Online www.outreach.hawaii.edu/noncredit/courses/programdetail/2921. \$95 Regular, \$85 UH Affiliate (student, faculty, staff).

Saturday

8:00 am - 10: 00pm Private Lessons by Appointment Only **GY**

6:30 pm - 8:00 pm WINE & TANGO: Special Event! 11/15 come wine tasting before an hour long Tango lesson! Must be 21 yrs or older, \$15 per person **LS**

G = Groupon, Y = Yelp, LS = Living Social, GY LS = Groupon, Yelp, Living Social Deal Eligible